

## FREE, Home-Delivered Medically Tailored Meals & Nutrition Counseling for Individuals Affected by Sickle Cell Disease



God's Love We Deliver now serves people affected by sickle cell disease, which is a grouping of disorders with the most common being sickle cell anemia. These genetic conditions cause blood cells to be misshapen and are most prevalent among Black and Latin Americans.

## **HOW OUR MEALS HELP:**

- Our well-balanced <u>antioxidant-rich meals</u> contain a wide variety of nutrients including <u>protein</u>, <u>calcium</u>, <u>and zinc</u>.
- Our meals can <u>reduce oxidative stress</u> and <u>ease the</u> <u>nutritional deficiencies</u> that those with sickle cell face.
- God's Love meals also provide calories to promote weight gain and growth in children with the condition.

GET MEALS AT GLWD.ORG/GETMEALS \*CAREGIVERS AND CHILDREN SERVED, TOO!\*